

# WHAT'S NEW AT BEAMAN LIBRARY

# BEAMAN BROWSER

FALL, 2019  
VOLUME XXXI NO. 3

Beaman Memorial Public Library, 8 Newton Street, West Boylston, MA 01583 508-835-3711 [www.beamanlibrary.org](http://www.beamanlibrary.org)

The Library has something for everyone!

We have the materials you might expect when you think of a Library, such as books in print, movies on DVD, music on CD, magazines and subscriptions to local and regional newspapers. We also have digital materials available: e-books, e-audio books, streaming movies, and digital magazines. Your library card grants access to research databases, news resources, like the Worcester Telegram and Gazette, language learning software, commercial free streaming music, free music downloads, America's Genealogy Bank, and much more!

With your Library card you can access materials available across the region by visiting other libraries in person, or requesting materials to be delivered for pickup through interlibrary loan.

In addition to all those resources, we work hard to offer a variety of programs, activities, book groups, exercise classes, movie nights, creative workshops, crafting clubs, and opportunities for you to connect to your neighbors and the larger community.

I hope you'll stop by and see what we have to offer.

I'll see you at the Library!  
Anna Shaw, Library Director

**P.S. Thanks to a gift from the College of the Holy Cross, starting September 7 our Fall Saturday hours will be 10 a.m.-5 p.m.**

*As you may know, Jackie Pruneau, our beloved former Assistant Library Director passed away in November 2017. The Library was the recipient of many memorial donations in her honor and is working together with the Sterling Garden Club to create a beautiful garden in her memory around the Main entrance. The Library is still accepting memorial contributions for this project.*



The Library will be closed Saturday, August 31.



**Board of Trustees Meetings:**

Tuesday, September 10,  
Tuesday, October 8 and  
Wednesday, November 6 at  
7 p.m.

**Friends Meeting:**

Tues, Sept 17 at 6:30 p.m.

**Mysterious MA Event:**

Fri, Oct 18, 6:30 p.m.

**Endowment Update:**

The June 30, 2019 balance at  
Greater Worcester  
Community Foundation was  
\$196,812.82

**Newsletter Staff:**

Director: Anna Shaw; Co-Editors:  
Lauren Espe, Sue Gomes and Sue  
Smith. Mailing is sponsored by  
the Friends of the Library.

# ADULTS PLEASE SIGN UP TO RESERVE YOUR SPOT

## Saturday Extended Hours!

Thanks to a gift from the College of the Holy Cross, the Library's Saturday hours will be extended to 10 a.m.-5 p.m. beginning Saturday, September 7. Thank you to the College of the Holy Cross for making these extended hours possible.

## Medicare Educational Event with Scott Lauer

**Wednesday, September 4 at 6 p.m.**

**And Wednesday, October 2 at 1 p.m.**

Open enrollment for Medicare is Oct. 15-Dec. 7 for 2020 coverage and now is the time to learn about Medicare, supplemental, and private insurance options! Scott is a licensed broker and is certified through the Centers for Medicare & Medicaid Services, part of the Department of Health and Human Services.



## Learn to use Overdrive/Libby 'Open House'

**Friday, September 6, from 1-2 p.m., Wednesday, October 23 from 6-7 p.m. or Thursday, November 14 at 11 a.m.**

Bring your smartphone, Kindle, iPad, or other device and learn how to borrow e-books through the Library. We will help you set up your account. Even if you already use Overdrive or Libby you can get questions answered. Please bring your library card in order to log into your account.



## Stress Reduction & Relaxation Through Yoga & Meditation with Carol McGuigan

**Wednesdays at 6:30 p.m.**

**Sept. 18, October 16, and November 13**

Experience the benefits of gentle yoga stretches, calming breath techniques, and the value of meditation on these Wednesday evenings. Dress for movement. Bring your yoga mat or a thick towel.

## Local Author Talk: Darlene Corbett, Author of Stop Depriving the World of You - A Guide for Getting Unstuck

**Thursday, September 19 at 6:30 p.m.**

Professional speaker, Local Author, and Success Coach, Darlene Corbett will discuss her self-help book. Copies will be available for purchase.

## Climate Change Preparedness Week Programming:

• **Wachusett Regional Recycling Center, 101**

**Tuesday, September 24 at 6:30 p.m.**

Learn about the many ways the Recycling center can help you find new homes for items that you no longer need, and recycle items to reduce the volume of disposed materials.

## • Reduce, Reuse, and Recycle with SWAT

**Thursday, September 26 at 3 p.m.**

West Boylston's Solid Waste Advisory Team (SWAT) will explain the new Pink Bag Recycling Program for textiles and small electrical appliances that's coming to town. They'll also answer questions about West Boylston's recycling program and items that are difficult to get rid of.

## Mindful Meditation with Carol McGuigan on Wednesdays

**September 25, October 23, and November 20 at 6:30 p.m.**

This class is open to all individuals wishing to develop the skills which cultivate inner awareness, health and well-being. The practice will include techniques which contribute to: improved concentration, clarity of mind, relaxation for stress reduction, techniques for physical and emotional well-being, and to promote self-awareness. Bring your yoga mat or sitting cushion or meditation zafu and a receptive attitude.

## Society of Financial Awareness presentation on Understanding your Social Security Benefits Options

**Tuesday, October 1 at 6:30 p.m.**

This educational class will provide you with information about your Social Security benefits, help you understand the system, coordinate spousal and survivor benefits, minimize taxes, and maximize your personal benefits.

## Tea and Crumpets

**Wednesday, October 2 from 6:30-7:30 p.m.**

Bring in a treat to share and enjoy some tea or coffee and conversation with adults! This time coincides with the Books and Brownies program for children.



## Fashion in Film

- **Wednesday, October 2** - \*The little black dress in this movie about breakfast at a famous jewelry store inspired the design industry in the 1960s. NR 1h 55m
- **Wednesday, October 9** - \*Go inside the world of the assistant to the editor-in-chief of a major fashion magazine. PG-13, 1h 49m
- **Wednesday, October 30** - \*Can't remember why you want to forget 80s fashion? Think "mulletts" in this story about two brothers who discover vampires in their home town. R, 1h 37m

Movies start at **6 p.m.** sharp and a small snack will be served.

\*Due to movie license restrictions, we cannot list the names of the movies. Please call or come in for titles.

# ADULTS

**Strange but True: 10 of the World's Greatest Mysteries Explained. For adults and teens.**  
**Saturday, October 5 at 11 a.m.**

Use the scientific method to separate fact from fiction and explain the unexplainable. **See Teen Section for details.**

**Cogniciti Individual Brain Health Assessment**  
**Wednesday, October 9 from 1-2 p.m. and 2-3 p.m.**

This program is for people ages 50-80. Complete 7 exercises to measure different types of memory. Basic computer skills are required. After the test, you can meet with the Cogniciti Team who will answer any questions you may have about your brain health assessment.

**Bestselling Author: Hank Phillippi Ryan**  
**Thursday, October 10 from 6:30-7:45 p.m.**

Hank Phillippi Ryan is an EMMY award-winning investigative reporter for WHDH-TV. A National bestselling author of 11 thrillers, a 5-time Agatha winner and recipient of the Mary Higgins Clark Award, Hank Phillippi Ryan will talk about her latest book, **The Murder List**, and will also discuss **Trust Me**. Her novels are Library Journal's Best of 2014, 2015 and 2016; TRUST ME is a 2018 Agatha Nominee. Join us in discussing **Trust Me** at the September 19 Book Club meeting. Stop by the library to pick up a copy!



**Ask a Muslim Anything with Robert Azzi**  
**Tuesday, October 15 at 6 p.m.**

Mr. Azzi is a photojournalist, columnist and public speaker. He is an Arab American Muslim and writes on issues of identity, conflict, and Islam. Please join us and bring your questions. Nothing is off-limits as long as it is respectfully presented.

**Friends of Beaman Library Annual Meeting Event**  
**Mysterious Massachusetts**  
**Friday, October 18 at 6:30 p.m.**

Every state has its ghost stories, but no other state has the Dover Demon or the Salem Witch Trials. From sea-side ghosts, to UFOs over the Berkshires, Massachusetts has a rich history of paranormal legends, odd events, and strange denizens. Join Sarah Hodge-Wetherbe in exploring the weird and wonderful Massachusetts. *(adapted from the Natick Cultural Center's March program announcement.)*

**Help Your Child Build Confidence and Improve in School**  
**Saturday, October 19 from 10-11 a.m.**

Join Todd Blechner, owner and founder of the *Next Level*

*Up Learning Center*. Get practical strategies to help your school-age child become more successful with organization, time management, and study habits. He will also touch on ways to increase motivation and build confidence.

**Trick or Treat at the Library on Thursday, October 31**

**Local Author Talk: Nicole Raheja: Redefining Positive: How to Use Validation to Be a Positive Force in People's Lives**  
**Thursday, November 7 at 6:30 p.m.**

Local Author Nicole Raheja will discuss her self-help book about validating feelings and being a better friend. Copies will be available for purchase.

**Cardmaking with MaryEllen**  
**Tuesday, November 12 at 6:30 p.m.**

Join us for a very special cardmaking workshop. Please register, space is limited.

**Holiday Closings**

The Library will be closing at 5 p.m. on Wed., Nov. 27 and will be closed all day on Thurs., Nov. 28 for Thanksgiving.

**ONGOING PROGRAMS**

**Book Discussion Group**

Join us at 12:30 p.m. on the following Thursdays:  
September 19: **Trust Me** by Hank Phillippi Ryan \*\*  
October 17: **Title** to be announced  
November 21: **Title** to be announced

Copies of the selected books will be available at the Library one month prior to the meeting date. **\*\*Don't miss Hank Phillippi Ryan on Thursday, October 10 at 6:30 p.m.**

**Italian Conversation Circle**

**Second and Fourth Saturdays from 10 a.m.-noon**

Call the Library to verify dates.

**Nonfiction Book Group**

Books will be available for checkout one month prior to the meeting date. Join us at 1 p.m. on the following Fridays:  
**September 27: The Library Book**, by Susan Orlean  
**November 22: Educated**, by Tara Westover

**Dungeons & Dragons for Teens and Adults**

**2<sup>nd</sup> and 4<sup>th</sup> Thursdays from 6-7:45 p.m. except in Nov.\***

Beginners and experienced players welcome. Sign up at the Library and coordinate with the group leader to create your character. **\*November: 2<sup>nd</sup> and 3<sup>rd</sup> Thursdays!**

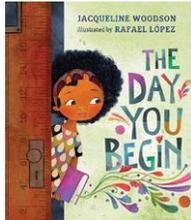
# IN THE CHILDREN'S ROOM

The Children's Room had a very busy summer with all the families coming in frequently for books to read! We wish to thank the Friends of the Beaman Library, the Webster First Federal Credit Union, Menard's Auto Body, the West Boylston Cultural Council, and all the patrons that helped to make this summer program a success. We truly couldn't do this program without all your help and donations! You all make a difference in our "family of children's lives"! They are all going to be smarter, find school easier, all because of your encouragement and their interest in reading books. Thank you, thank you, thank you all!

Summer reading may be over but we are already ramping up our fall programming. Sign-ups are out for our weekly early literacy programs. We will continue our Books & Blankies, Books and Brownies, Pizza and Pages, Pokemon Club, Flannel Board Friday, Book to Craft, Story Time, Stay and Play, Waggin' Tales, Super Sensory Story Time, and our Saturday Story Time in September. Please visit our website: <https://www.beamanlibrary.org> for dates and times of all these programs.

## Author Spotlight: Jacqueline Woodson Friday, September 13 from 3:30-4:30 p.m.

We have a new program! It is called Author Spotlight and each quarter we will focus on one author and their books. Jacqueline Woodson is an award-winning author who writes picture books and books for middle grade readers. This group is for school-aged children. Books will be available to be checked out after our program.



It's back to school and you may have met some new people in your class, you may have already been treated unfairly by someone, you may want to have compassion for another person. We will read and discuss how ideas in Ms. Woodson's books may help you in those situations.

## Little STEAMERS class Friday, September 27 from 11 a.m.-noon

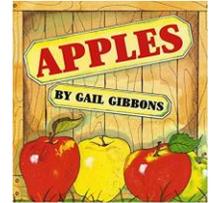
This S.T.E.A.M. class is just for preschoolers and we will explore different concepts geared to this younger age. Plan to get dirty as learning experiences are very hands on and messy!

## How do you like them apples?



**Saturday, October 5 from 2-3 p.m.**

Fall is a wonderful time to go apple picking, make apple pies and eat delicious apples! In this program, we will read the story, **Apples** by Gail Gibbons and then do a popsicle stick apple craft.



## Oh, Sugar

**Tuesday, October 8 from 4-5 p.m.**



Become a Food Explorer with Registered Dietitian, Katie Shepherd, and learn that it's never too early to know what hidden sugars lurk in our food. She'll play games and decide which foods have sugar, learn about foods that are good for us, and make a healthy sugar-free snack. This program is for children from 2<sup>nd</sup> to 5<sup>th</sup> grade.

## Annual Family Pumpkin Decorating

**Thursday, October 17 from 6-7:30 p.m.**



Bring your own pumpkin and we will supply all the rest of the craft supplies for you to make an original pumpkin for your home.

This family program is an annual favorite so please sign up early to reserve your spot!



## Help Your Child Build Confidence and Improve in School Saturday, October 19 from 10-11 a.m.

See the Adult Section for more information.

## Trick or Treat at the Library on Thursday, October 31

### Thai Cooking with Kate Boston

**Tuesday, November 5 from 5:30-6:30 p.m.**



Join us for a Thai Cooking class led by our West Boylston patron, Kate Boston. She will make Curry Rice and Pad Thai for us to sample and show us the simple, quick art of cooking delicious Thai food. This program was requested by one of our younger patrons who ate some of Kate's food at our town Earth Day clean up and LOVED it. This is a family program for grades 3 and up.

## MORE EVENTS IN THE **CHILDREN'S ROOM**

### **Veteran's Candy Drive**



**October 31-November 8**

We will be collecting leftover or surplus candy from Halloween and will be distributing it both overseas and at local veteran's shelters to thank them for their service! If there is a veteran you wish to send some treats to, please give us an address and we will see that they receive some!

**Yarn Art with Ms. Sandy**

**Thursday, November 14 from 4-5 p.m.**

Make a decorative pumpkin out of a small balloon and yarn. This is a messy craft so please wear old clothing!

### **Thanksgiving Centerpiece**

**Wednesday, November 27 from 3-4 p.m.**

Ms. Karen will help you make something special for your family's table to celebrate Thanksgiving.

**Save the Date: Santa Claus will be visiting the library on December 7!**

## **TEENS** AGES 12-18



### **Dungeons & Dragons**

**First and Third Saturdays of each month from 2-4 p.m.**

Bring your imagination and role-playing skills and join our Dungeons & Dragons group. The group will meet on the first and third Saturdays of the month.

### **TAG Meeting**

**Tuesday, September 10 from 6:30-7:30 p.m.**

We need YOU to be a Library Advisor! Have fun while helping to plan upcoming programs and decorate the teen space for fall. Let us know how we can make the Library even better! Sign up at the Library or call to let us know you are interested. This is a great opportunity to volunteer at the Library without making a major time commitment. The group will meet approximately every 2-3 months. We will have snacks too!

### **How to Rock Your College Admission Interview**

**Tuesday, September 17 at 6:30 p.m.**



Learn the expectations of a college interview (including shaking hands, making eye contact, dressing appropriately, and developing your message).

You will have the opportunity to prepare responses to common questions and test them out with the group, as well as prepare questions to ask your interviewers. This

workshop is geared toward seniors, but interested juniors are encouraged to attend. Please sign up. Space is limited.

### **Loosely Bound Book Group**

**Friday, October 4 from 3-4 p.m.**

We're starting a book group for grades 6-9. Bring a Fiction book that you read and enjoyed and tell the group a little about it. This group will meet every other month if there is interest.



### **Strange but True: 10 of the World's Greatest Mysteries Explained for Teens and Adults**

**Saturday, October 5 at 11 a.m.**

Prepare to have your mind blown! As you explore ten of the world's greatest unsolved mysteries, you'll witness a UFO encounter, search for the lost city of Atlantis, tour a haunted house and discover the kraken's true form. Along the way, you'll use the scientific method and sharp thinking to separate fact from fiction and explain the unexplainable.

Learn how sightings of **flying saucers** and stories of **alien abductions** can be explained by sleep paralysis, false memories and hypnosis. Find out what pareidolia is and how this psychological phenomenon may explain some **ghost sightings**. Explore possible real locations for the **lost city of Atlantis**. **Beautiful, haunting illustrations** set the mood and spark the imagination.

### **Henna Tattoo Program for teens (grades 6-12)**

**Tuesday, November 19 from 6-7:30 p.m.**

Explore the art of henna, a temporary body art (staining) using henna dyes. Local artist Mandy Roberge of Wicked Good Henna will provide beautiful tattoos to each participant. Sign up is required. Limited to 30 participants.



\*\*\*\*\*ECRWS\*\*\*  
Residential Customer  
West Boylston, MA 01583

**A Message from the Friends of Beaman Library:**

The Friends of the Library is a terrific group of dedicated people who work together to raise money for programs for all ages at the Beaman Library. Please consider joining our team! Our largest fundraiser is the annual spring book sale, and we could always use more help for this and other fundraisers. In addition, a few of our officers who have served the Friends for several years will be stepping down this fall. For any questions about what is involved in joining the Friends, feel free to contact Friends President John Riopel through the Library.

And spread the word about our Fall Event! On Friday, October 18<sup>th</sup> from 6:30-8 p.m. we will have a presentation by Sarah Hodge-Wetherbee about “Mysterious Massachusetts” just in time for Halloween. It will be FREE and held at the library – we hope to see you there!

Thanks as always for your love and appreciation of our wonderful library.

Sally J. Phelps  
Secretary  
Friends of the Beaman Library